

Time Frame: Semester	Unit Title: Foods II		Course Name: Family & Consumer Sci
Stage 1: Desired Results			
Established Goal(s)	Transferable Skills		
<p>Standards:</p> <p>NASAFACS- National Association of State Administrators for Family and Consumer Sciences.</p> <p>NASAFACS 8.2 Demonstrate food safety and sanitation procedures</p>	<p><i>Students will be able to independently use their learning to...</i></p> <p>Build on what they learned in Foods I, which is required before beginning this course.</p> <p>Collaborate to learn the fundamentals of cooking while working in a group</p> <ul style="list-style-type: none"> ● Critical Thinking ● Self Direction ● Creativity ● Collaboration 		
<p>NASAFACS 8.3 Students will demonstrate standards in selecting, using and maintaining food production and good service equipment.</p> <p>NASAFACS 8.4 Demonstrate menu planning principles and techniques based on standardized recipes to meet customer needs.</p> <p>NASAFACS 8.5 Demonstrate professional food preparation methods and techniques for all menu categories to produce a variety of food products that meet consumer needs.</p>	Meaning		
	<p><u>Understandings</u></p> <p><i>Students will understand that...</i></p> <p>Students will build on the skills learned in Foods I.</p> <p><i>They can make products rather than buy Recipes Nutrition Label Budget</i></p> <p>Students will know and demonstrate how to plan a meal for a family that follows dietary and budget guidelines following USDA framework</p>	<p><u>Essential Questions</u></p> <p>How do I cook for myself and why would I do it?</p> <p>How do I prepare a meal from scratch within a budget?</p>	
	Acquisition		
	<p><i>Students will know...</i></p>	<p><i>Students will be able to...</i></p> <ul style="list-style-type: none"> ● Mise en place ● Cleaning equipment ● Prep 	

	<ul style="list-style-type: none">● General knowledge in cooking so they have confidence to do some basic cooking for themselves an/or family● How to eat to maintain health	<ul style="list-style-type: none">● Following Recipes
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